

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
YEAR 7	Powerful knowledge LIVING IN THE WIDER WORLD RELATIONSHIPS	Powerful knowledge HEALTH AND WELLBEING	Powerful knowledge HEALTH AND WELLBEING RELATIONSHIPS	Powerful knowledge LIVING IN THE WIDER WORLD	Powerful knowledge LIVING IN THE WIDER WORLD	Powerful knowledge RELATIONSHIPS LIVING IN THE WIDER WORLD
	<ol style="list-style-type: none"> 1. What is PSHE and what are our Huxlow values? 2. How do I cope with change? 3. What changes happen to our body? 4. What makes a good friend? 5. What makes a good team? 6. How do we manage conflict? 7. How do I make and keep positive friendships? 8. What is resilience and how can we use our resilience to overcome challenges? 	<ol style="list-style-type: none"> 1. What is mental health? 2. How can I maintain positive emotional well-being? Form tutor assembly planning for forms delivering assembly next week 3. What is anxiety? 4. What is it like to live with anxiety? 5. How can you deal with anxiety and is it normal? 6. Bullying or banter? What is and isn't acceptable? 7. What are different types of bullying? 	<ol style="list-style-type: none"> 1. What is consent and why is it important? 2. What does a healthy lifestyle look like? Form tutor assembly planning for forms delivering assembly next week 3. What is obesity and the impact on individuals in society? 4. Self-esteem – how can I make sure that I look after my own self esteem? 5. How can we be responsible road users? 6. How can we balance independence and risk? 	<ol style="list-style-type: none"> 1. What does it mean to be British? 2. What is a protected characteristic? Form tutor assembly planning for forms delivering assembly next week 3. Why does politics matter and what does it do for me? 4. What is the role of the Local/National government and my MP? 5. How would I rule the country? 	<ol style="list-style-type: none"> 1. How can I successfully manage my money? Form tutor assembly planning for forms delivering assembly next week 2. What are the implications of savings, loans and interest rates? 3. How can we make ethical financial decisions? 4. What are the different types of financial transactions? 5. What is phishing and hacking? 6. What is charity and why do people give? 	<ol style="list-style-type: none"> 1. Families – What are the different types, and does it matter what kind of family I have? 2. Why is trust important? 3. What is hate crime? 4. What is first aid? Form tutor assembly planning for forms delivering assembly next week 5. How do I administer CPR? 6. What is an addiction? 7. What is vaping all about?

YEAR 8	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge
	HEALTH AND WELLBEING	HEALTH AND WELLBEING LIVING IN THE WIDER WORLD	LIVING IN THE WIDER WORLD	RELATIONSHIPS	HEALTH AND WELLBEING	HEALTH AND WELLBEING RELATIONSHIPS
	<ol style="list-style-type: none"> How can I maintain positive emotional well-being? What is depression? What is it like to live with depression? What can be the negative impacts of depression? What does a healthy self-esteem look like? Why does social media affect mental health? How can optimistic thinking improve our health and wellbeing? What needs to be done in the UK to support mental health? 	<ol style="list-style-type: none"> What are emotions and how do they affect me? How do I keep good dental health? Form tutor assembly planning for forms delivering assembly next week How do I maintain good personal hygiene? Why is sleep so important? How do I maintain a healthy lifestyle? What is mental health and how do you seek help? How do I deal with unplanned encounters? 	<ol style="list-style-type: none"> What are the British Values and why are they important? Who are the different political parties and what do they stand for? Form tutor assembly planning for forms delivering assembly next week How can British Values be used to challenge discrimination - homophobia? What is sextortion? Let's talk about Racism – Ethos Are we responsible with social media? 	<ol style="list-style-type: none"> What is consent and why is it important? Why is it so risky to send explicit content? Form tutor assembly planning for forms delivering assembly next week What is fertility and what are the different routes into parenthood? Domestic conflict – why do people run away from home and why is this so dangerous? How can we avoid teenage pregnancy? 	<ol style="list-style-type: none"> Internet safety – what is online grooming and why must we be so careful? Form tutor assembly planning for forms delivering assembly next week How can we keep safe and positive relationships? Pregnancy, adoption, and abortion – What does this look like? What are stereotypes, prejudice, and bullying? What can we do to stand up against stereotypes, prejudice, and bullying? Child-on-child abuse 	<ol style="list-style-type: none"> Human Rights – Where do we draw the line? What are addictive substances and what do they do to a person's body and mind? How do cigarettes, vaping and alcohol impact a person's health? Why are energy drinks banned for under 16s? Form tutor assembly planning for forms delivering assembly next week Is it right that cannabis is legal for medical purposes? What are risky behaviours and what are the consequences? How can I manage and assess risks?

YEAR 9	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge
	LIVING IN THE WIDER WORLD	RELATIONSHIPS HEALTH AND WELLBEING	HEALTH AND WELLBEING (Dove Project Campaign)	LIVING IN THE WIDER WORLD	HEALTH AND WELLBEING RELATIONSHIPS	LIVING IN THE WIDER WORLD
	<ol style="list-style-type: none"> How do I present myself to the world? How does the criminal justice system work? What is stop and search? What is overt and covert racism and why are people still prejudice? What is extremism and how can we help to prevent this? How can we prevent radicalisation and recognize the signs of extremism? What is gang culture and county lines? What are the risks of organized crime? 	<ol style="list-style-type: none"> What is mental health and how do I seek help? How can I maintain positive emotional well-being? Form tutor assembly planning for forms delivering assembly next week What is self-harm and what are the causes? What are eating disorders? What is it like to live with an eating disorder? What are the suicide statistics and what can we do to reduce this? (+ men's mental health) What do we mean by intimidation? 	<ol style="list-style-type: none"> What are appearance ideals in the UK? What do comparisons look like in the UK? Form tutor assembly planning for forms delivering assembly next week How do we banish body talk in the UK? Why is it important to be anti-social media in the UK? Our campaign to lead change. (Student Project) How does the media portray sex and relationships? 	<ol style="list-style-type: none"> What is fake news? What is money laundering and why are some people taken in by this crime? Form tutor assembly planning for forms delivering assembly next week What is online fraud? What is anti-social behaviour? What is the difference between gaming and grooming? 	<ol style="list-style-type: none"> What is FGM and why is it dangerous? Form tutor assembly planning for forms delivering assembly next week What is pornography and why can it be dangerous? What is coercive control and what can it look like? What is domestic violence/ coercive control and what are abusive relationships? What is sexual harassment and harmful sexual behaviour? What can CSE look like? 	<ol style="list-style-type: none"> What is a young carer? What is disability and how do I treat those with a disability? What first aid do I need to know? How do I use CPR to save someone's life? Form tutor assembly planning for forms delivering assembly next week How do I effectively revise to ensure I have positive progress? How can I develop interpersonal skills to help me succeed?

YEAR 10	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge
	LIVING IN THE WIDER WORLD	HEALTH AND WELLBEING	HEALTH AND WELLBEING	RELATIONSHIPS	RE CURRICULUM	LIVING IN THE WIDER WORLD
	HEALTH AND WELLBEING					
	<ol style="list-style-type: none"> Can changing the way we think really change what we achieve? How do I effectively revise to ensure I have positive progress? What is binge drinking, what are the risks and why do people still do it despite the risks? How do my lifestyle choices affect me? How much is too much screen time and why does it matter? What are the illegal substances that affect young people today? Why do we need sleep and how does sleep deprivation affect us? Can tattoos and piercings be dangerous? 	<ol style="list-style-type: none"> What is sexism, gender prejudice and stereotypes and why does it still exist? What is body shaming and how does this affect people? Form tutor assembly planning for forms delivering assembly next week How can we manage social worries and conflict successfully? Why is social media considered a negative influence today? Why do some people become homeless and why is homelessness on the rise? Incel Cultures - How can negative online cultures, like incel culture, affect the way people think and behave? Toxic cultures - How do toxic cultures influence the way we see ourselves and others? 	<ol style="list-style-type: none"> County Lines – what is this and how are young people being exploited? What is anti-social behaviour and how does this affect communities? Form tutor assembly planning for forms delivering assembly next week What is a young offender and what impact does this have? What is guilty by association and what does this look like? How can we balance freedom and the law? How can we be street savvy? 	<ol style="list-style-type: none"> What are forced and arranged marriages and what do we need to know? Revenge Porn – what is this and how can we prevent ourselves from being victims? Form tutor assembly planning for forms delivering assembly next week Harmful sexual behaviours and sexual harassment – what are these and what does the law state about it? What do different family units look like? Being a new parent – what is this like and why can it be so challenging? 	<ol style="list-style-type: none"> How do Jews and Christians express their belief in a messiah? Form tutor assembly planning for forms delivering assembly next week How do Muslims express their belief in the Shahadah? How do Buddhists express their belief in dukkha (suffering)? How do humanists express their belief in atheism? How do Sikhs express their belief in seva? How do Hindus express their belief in reincarnation? 	<ol style="list-style-type: none"> What rights do we have as consumers? How can I stay financially savvy and avoid debt? What is the issue with lending money? How can I avoid financial exploitation? Form tutor assembly planning for forms delivering assembly next week What are my future options? How do I present myself in the working world? What does the law say about getting a job?

YEAR 11	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	Powerful knowledge	
	LIVING IN THE WIDER WORLD	LIVING IN THE WIDER WORLD HEALTH AND WELLBEING	RELATIONSHIPS LIVING IN THE WIDER WORLD	LIVING IN THE WIDER WORLD	RE CURRICULUM	
	<ol style="list-style-type: none"> 1. What is a CV and how do I write a CV? 2. What interview skills do I need? 3. What do we mean by work skills? 4. Perseverance vs Procrastination 	<ol style="list-style-type: none"> 1. What is homophobic, biphobic and transphobic bullying? 2. What is the role of a citizen, human rights and the government? Form tutor assembly planning for forms delivering assembly next week 3. What does the law say about marriage and co-habitation? 4. What do I need to know about fertility and our reproductive health? 	<ol style="list-style-type: none"> 1. What makes a healthy relationship and is it best to wait for someone you care about? 2. What are the different types of relationships? Form tutor assembly planning for forms delivering assembly next week 3. Consent, rape, and sexual harassment – how can we establish clear sexual boundaries? 	<ol style="list-style-type: none"> 1. Why is gambling so addictive and how do online gambling sites use us in? 2. What impact can debt have and how can I avoid it? Form tutor assembly planning for forms delivering assembly next week 3. How do we budget and what are the benefits? 	<ol style="list-style-type: none"> 1. What is the utilitarian approach to lying? Form tutor assembly planning for forms delivering assembly next week 2. What was Descartes' approach to dualism? 1. What is the Situation Ethics approach to euthanasia? 2. What is the feminist approach to abortion? 	

POST 16	Powerful knowledge LIVING IN THE WIDER WORLD <ul style="list-style-type: none"> - Expectations and organization for sixth form – Induction tasks - Time management - Charity - University talks and next steps pathways - Mental health and the impact of sport – sports events - Study skills programme - Votes for schools and democracy 	Powerful Knowledge HEALTHY RELATIONSHIPS <ul style="list-style-type: none"> - Understanding the values that should apply to a healthy relationship. - To understand consent and the moral and legal responsibilities that someone has. - To understand the emotional, physical, social and legal consequences of failing to respect others’ right not to give or to withdraw consent. - Recognising different forms of abuse and what an unhealthy relationship can look like. - Recognising the signs of sexual abuse and exploitation, and how to report this. - RS Global relationships – Honour killings 	Powerful knowledge LIVING IN THE WIDER WORLD HEALTH AND WELLBEING <ul style="list-style-type: none"> - Understanding what mental health is and how to protect our mental health - Understand how to keep safe online and dangers around online safety - Happy child agency; external. Mindset for exams and keeping mentally healthy - Mental health and the impact of sport – sports event - Asking for help – who do we turn to? 	Powerful knowledge LIVING IN THE WIDER WORLD CAREERS <ul style="list-style-type: none"> - Futures week launch - Thriving at university and student finance - Post -16 life - Lifesaving and understanding blood donation - Financial education - RS Global support – Charity and helping others - RS Medical ethics 	Powerful knowledge HEALTH AND WELLBEING <ul style="list-style-type: none"> - Revision strategies and coping mechanisms - RS - 	

			<ul style="list-style-type: none">- RS Global views<ul style="list-style-type: none">- Buddhism.Mindfulness and meditation			
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