

Appendix 1: Curriculum map

Relationships and sex education curriculum map

YEAR GROUP	TERM	TOPIC/THEME DETAILS
7	1	Families <ul style="list-style-type: none">• Relationship types and importance• Marriage and its legal status• Legal status of other long-term relationships• Roles and responsibilities of parents• Trust in relationships
7	2/3	Online and media <ul style="list-style-type: none">• Relationships online and grooming Respectful relationships including friendships <ul style="list-style-type: none">• Positive relationships, including online• Improving relationships• Stereotypes• Respect• Bullying including cyber bullying, its impact and seeking support
7	5	Online and media <ul style="list-style-type: none">• Rights and responsibilities• Online risks

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YEAR GROUP	TERM	TOPIC/THEME DETAILS
7	6	Being Safe <ul style="list-style-type: none"> • Sexual consent • Sexual exploitation • Abuse • Grooming Intimate and sexual relationships including sexual health <ul style="list-style-type: none"> • Characteristics of healthy 1-1 relationships • Positive and negative effects of sexual relationships on physical, emotional, mental, sexual health and wellbeing • Accessing further advice and support
In Year 7 Science students will be taught:		Reproductive organs, changes in puberty and reproduction
8	1	Families <ul style="list-style-type: none"> • Revisit different types of relationships • Recognising when a relationship is unhealthy and seeking support Respectful relationships including friendships <ul style="list-style-type: none"> • Positive relationships, including online • Improving relationships

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YEAR GROUP	TERM	TOPIC/THEME DETAILS
8	2/3	<p>Respectful relationships including friendships</p> <ul style="list-style-type: none"> • Stereotypes • Respect • Bullying including cyber bullying, its impact and seeking support • Criminal behaviours within relationships • Sexual harassment and sexual violence • Equality <p>Intimate and sexual relationships including sexual health</p> <ul style="list-style-type: none"> • <i>School nurse session on healthy relationships</i> <p>Being Safe</p> <ul style="list-style-type: none"> • Honour-based violence
	4	<p>Being Safe</p> <ul style="list-style-type: none"> • Laws relating to sexual consent, abuse, coercion, harassment and rape • Forced marriage
	5	<p>Online and media</p> <ul style="list-style-type: none"> • Risks online, including sharing compromising material • Managing issues online • The impact of viewing harmful content • Breck's last game film and activities

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YEAR GROUP	TERM	TOPIC/THEME DETAILS
	6	Intimate and sexual relationships including sexual health <ul style="list-style-type: none"> Reproductive health, including fertility and the impact of lifestyle on fertility for men and women. Facts around pregnancy including miscarriage Pregnancy choices Accessing further advice and support
In Year 8 Science students will be taught:		The effect of alcohol on pregnancy, smoking and pregnancy
9	1	Respectful relationships, including friendships <ul style="list-style-type: none"> Damage caused by stereotypes (sex, gender, race, religion, sexual orientation, disability) Respect and tolerance of others (including authority and those with alternative beliefs) Criminal behaviours within relationships (including violent and coercive control)
9	2	Intimate and sexual relationships including sexual health <ul style="list-style-type: none"> <i>School nurse session on contraception</i> The facts about the full range of contraceptive choices
9	3	Online and Media <ul style="list-style-type: none"> Appropriate behaviours online Sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail. How information and data is generated, collected, shared and used online.

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YEAR GROUP	TERM	TOPIC/THEME DETAILS
9	4	Being Safe <ul style="list-style-type: none"> • FGM • Breast Ironing • How these can affect current and future relationships.
9	6	Intimate and sexual relationships including sexual health <ul style="list-style-type: none"> • Consent and strategies for managing sexual pressure, including understanding peer pressure, resisting peer pressure, and not pressuring others. • Pregnancy choices and sources of support (including seeking medical help, importance of seeking impartial advice around keeping the baby, adoption or abortion) • Accessing further advice and support
10	2	Respectful relationships, including friendships <ul style="list-style-type: none"> • Sexual harassment and sexual violence, what to do.
10	3	Intimate and sexual relationships, including sexual health <ul style="list-style-type: none"> • STIs, including HIV and AIDS, reducing the risks through using condoms and the importance of testing. • Impact of STIs and treatment • How drug and alcohol use can lead to risky behaviour • Accessing further advice and support
In Year 10 Science students will be taught:		Menstrual cycle, contraception, fertility treatment

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YEAR GROUP	TERM	TOPIC/THEME DETAILS
11	1	Families <ul style="list-style-type: none"> • Revisit different types of committed stable relationships • Legal status attached to different relationship types • Characteristics of successful parenting and the importance of parents • Unsafe relationships and how to seek advice
11	2	Respectful relationships, including friendships <ul style="list-style-type: none"> • Characteristics of positive and healthy friendships (boundaries, privacy, consent, management of conflict, ending relationships). • Improving or supporting respectful relationships
In Year 11 Science students will be taught:		Meiosis to produce gametes, sex determination, inheritance, vaccinations including HPV and the prevention of cervical cancer, genetic engineering

The DfE stated that parents have the right to withdraw their children from the **non-statutory/non-science components** of sex education within RSE up to and until 3 half terms before the child turns 16. After this point, if the pupil wishes to receive sex education rather than being withdrawn, the school will arrange this.