



	Term 1 Relationships  <small>RELATIONSHIPS</small>	Term 2 Health and Wellbeing  <small>HEALTH AND WELLBEING</small>	Term 3 Relationships  <small>RELATIONSHIPS</small>	Term 4 Living in the Wider World  <small>LIVING IN THE WIDER WORLD</small>	Term 5 Health and Wellbeing  <small>HEALTH AND WELLBEING</small>	Term 6 Living in the Wider World  <small>LIVING IN THE WIDER WORLD</small>
Year 7	<u>Friendships</u> Transition, Friendships, Diversity, Prejudice and Bullying Protective Behaviours	<u>Personal Safety</u> Transition to secondary school and personal safety in and outside school, including first aid	<u>Building Relationships</u> Self-worth, romance and friendships (including online) and relationship boundaries	<u>Developing skills and aspirations</u> Careers, teamwork and enterprise skills, and raising aspirations	<u>Health and Puberty</u> Healthy routines, influences on health, puberty, unwanted contact, and FGM	<u>Financial Decision Making</u> Saving, borrowing, budgeting and making financial choices
Year 8	<u>Discrimination</u> Discrimination in all its forms; racism, religious discrimination, disability, sexism, homophobia, biphobia and transphobia	<u>Drugs and Alcohol</u> Alcohol and drug misuse and pressures relating to drug use	<u>Identity and Relationships</u> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	<u>Community and careers</u> Equality of opportunity in careers and life choices, and different types and patterns of work	<u>Emotional Wellbeing</u> Mental health and emotional wellbeing, including body image and coping strategies	<u>Digital Literacy</u> Online safety, digital literacy, media reliability, and gambling hooks
Year 9	<u>Respectful Relationships</u> Families and parenting, healthy relationships, conflict resolution, and relationship changes	<u>Peer influence, substance abuse and gangs</u> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<u>Intimate relationships</u> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	<u>Setting goals</u> Learning strengths, career options and goal setting	<u>Healthy Lifestyle</u> Diet, exercise, lifestyle balance and healthy choices, and first aid	<u>Employability Skills</u> Employability and online presence
Year 10	<u>Healthy Relationships</u> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	<u>Mental Health</u> Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	<u>Addressing extremism and radicalisation</u> Communities, belonging and challenging extremism	<u>Financial decision making</u> The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	<u>Exploring Influence</u> The influence and impact of drugs, gangs, role models and the media	<u>Work Experience</u> Preparation for and evaluation of work experience and readiness for work
Year 11	<u>Communication in relationships</u> Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	<u>Building for the future</u> Self-efficacy, stress management, and future opportunities	<u>Families</u> Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	<u>Next Steps</u> Application processes, and skills for further education, employment and career progression	<u>Independence</u> Responsible health choices, and safety in independent contexts	